

Buddhist Precepts in Theravada Buddhism

14 December 2025

Theravada Buddhism offers several different sets of Precepts. These Precepts have individual pages in the Buddhist Group of Kendal section of the Internet Archive website.

Venerable Mahathera Matara Sri Nanarama explains in *The Seven Stages of Purification and The Insight Knowledges* on page 5

Male and female lay-devotees have five precepts as a permanent standard of virtue in their everyday life. If they are more enthusiastic, they can undertake and keep the “eight precepts with livelihood as the eighth,” or the ten lay precepts, or the eight precepts recommended as the special observance for Uposatha days.

Ajivatthamaka Sila (Eight Precepts with Right Livelihood as the Eighth)

Atthangika Uposatha Sila (Eight *Uposatha* Precepts)

Expanded *Ajivatthamaka Sila* (Eight Lifetime Precepts)

Atthangika Uposatha Sila (Eight *Uposatha* Precepts)

Bodhicari Precepts (Twelve Precepts)

Dasa Sila (Ten Precepts)

Dasa Sila (Ten Precepts ending with wrong view/*miccha-ditthiya*)

Navanga Uposatha Sila (Nine *Uposatha* Precepts)

Panca Sila (The Five Precepts)

Bibliography

Articles

“The development and use of the Eight Precepts for lay practitioners, Upasakas and Upasikas in Theravada Buddhism in the West”, Jacquetta Gomes, *Contemporary Buddhism*, Volume 5(1) (May 2004) 47-63. (ISSN 1463-9947).

DOI: [10.1080/1463994042000249535](https://doi.org/10.1080/1463994042000249535)

Available at <https://www.tandfonline.com/>

Books

Balangoda Ananda Maitreya, Venerable, and Jayasili (Jacquetta Gomes). *Introducing Buddhism*. 2007. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN074) (This includes the booklet: *Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight*

Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006)

Available on the Internet

Corporate Body of the Buddha Educational Foundation (Taiwan)

weblink<https://www.budaedu.org/> search for Introducing Buddhism or EN074

Google Books

weblink<https://books.google.com/> search for Introducing Buddhism Jacquetta Gomes
<http://books.google.com/books?printsec=frontcover&id=JC01AAKbtHYC#v=onepage&q&f=false>

Internet Archive

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<https://archive.org/details/introducingbuddh02vene>

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Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara. *Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate*, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006). 2006.

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Requirements and Ceremonies

February 2010 updated edition

Full text included

<https://archive.org/details/requirements-ceremonies-buddhistgroupofkendal-bgkt-ketumatibuddhistvihara>

Requirements and Ceremonies

May 2006 edition

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<https://archive.org/details/requirementscere00unse>

Requirements and Ceremonies Appendix to *Introducing Buddhism*

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BPS Buddhist Publication Society Kandy Sri Lanka

<https://www.bps.lk/>

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http://www.bps.lk/library_books.php

The Seven Stages of Purification and The Insight Knowledges. Venerable Matara Sri Nanarama Mahathera. 1993 (2nd edition). (Kandy Sri Lanka, BPS Buddhist Publication Society). (BP506S). (ISBN 955-24-0059-7) (ISBN 978-955-24-0059-9).

https://www.bps.lk/olib/bp/bp506s_Nyanarama_Seven-Stages-of-Purification.pdf